

OPEN GYM:

Please follow this simple and necessary etiquette during your solo workouts ensure the space is clean and ready the next class and that **OPEN GYM** continues with success.

- ❖ **Smile! You're on camera. Are you signed up for OPEN GYM?** We need everyone signed up for a block on the day(s) you train. This does not have to be the exact time you plan to come in, but you must be signed up. If you are not, please text management at 307-413-0441 and let us know you are in the building.
- ❖ Change into **clean shoes** at door.
- ❖ Want overhead **lights**? Those are the top two breakers in the electric box and if flipped on, please turn off when you leave. LED lights can be on ALWAYS (do not turn off when you leave).
- ❖ Always **wipe down ALL equipment + surfaces after use** with the wipes provided (please do not use wipes on bike/Versaclimber screens. Screen cleaner available in basket on audio cabinet).
- ❖ Please **return ALL equipment** to their original shelves, baskets, hooks, etc.
- ❖ If you choose to eat or drink anything during your time at VIM, **always clean up after yourself**.
- ❖ **Stereo, Bluetooth + Aux are for VIM Team members only.** Thank you for understanding.
- ❖ When sharing the space, **use headphones for music**.
- ❖ The **Versaclimber** must be set up a specific way, please arrange a time for a tutorial on the machine before first solo use.
- ❖ **Give people space** when sharing the gym.
- ❖ Do **stay home if you are sick**.

Thank you for respecting and maintaining our clean, organized space.

-THE VIM TEAM